

**WRESTLING PREP IS A Competitive, Broad Based, Inclusive Non Profit Training Organization For All Aspects and Levels of Wrestling. By focusing on the tenants of hard work, effort and repetition in all facets, large and small, Wrestling Prep provides what many programs can not such as Academic Training, High School & College Prep**

## **WRESTLING PREP PHILOSOPHY**

To Teach the Individual how to Remove the Most Common Causes of Failure through the Expression of Our Shared Values within a Community of Like-Minded Individuals, Families, Coaches and Beneficiaries. We believe the sport of wrestling is a vital and much needed training ground for successful individuals in all aspects of life. With the need to be decisive, to react, to assess risk and to develop a cognitive approach to success, wrestling can teach and enhance skills that will propel them toward their individual success. It is our belief, it is not where you start nor necessarily where you end, but the amount of movement and change along the way that determines your success in wrestling and your future. We encourage every athlete to work toward a goal that is in their best interest and in line with the effort and dedication they and their families desire to focus toward wrestling. We firmly believe in including all wrestlers regardless of their goals, program affiliations, schools, or institutions.

## **WRESTLING PREP at a Glance June 2013 - 2014**

- **212 Wrestlers in College**
- **48 Wrestlers in Graduate School**
- **438 Scholarships and or Financial Assistance Given**
- **22,000 Matches Wrestled Summer 2013 in Q3 (June thru Aug)**
- **1,384 Wresters at WP SJ Facility**
- **2,944 Wrestlers at WP SJ Facility in past 12 months**
- **14 Match Nites (no cost)**
- **44 Open Rooms (no cost)**
- **4 CA CIF State Champs, 5 CA CIF State Finalists, 23 CA CIF State Placers**
- **State Champs or Placers in MO, AZ, OR, VA**
- **Champions, AA's or Placers 2013 Journeymen, 2013 Clovis World**

**Challenge, 2013 Freak Show, 2013 Super 32, 2013 JJ Classic, 2013 Walsh Jesuit Ironman, 2013 Zinken, 2013 Reno TOC, 2014 Doc B's, 2014 Tim Brown, 2014 Temecula, 2014 5 Counties, 2014 Mid Cals, 2014 CA CIF, 2014 MO State, 2014 AZ State, 2014 VA State, 2014 OR State, 2014 SCWAY Grade State, 2014 CA USA Grade State, 2014 NHSCA, 2014 Flo Nationals, 2014 USA Folkstyle Nationals, 2014 Vegas**

- **Competed in 18 Off Season Tournaments at HS Level Across CA and the Nation**
- **234 SAT / ACT Assistance Given**
- **11 International Wrestlers Sponsored**
- **9 Weeks of Summer Residential Training**
- **8 Off Summer Residential Training**
- **1 Future Olympic Program Residential Training**
- **1 USA Wrestling National Coach of the Year**
- **7 Off Site Camps in CA, MO, AZ, VA**
- **Body Leveraging and Coach Carolyn Wester Recognized at National Level**
- **Wrestling Prep Subject of Documentary**



# Wrestling Prep's Academic Accomplishments

## College Admissions Acceptances (Partial List)

Adams State University  
Appalachian State University (3)  
Arizona State University (6)  
Boston University (3)  
Brown University (5)  
Cal Baptist University (3)  
California Polytechnic State University (12)  
Campbell University (2)  
Case Western Reserve University  
Chadron State College  
Clackamas Community College (2)  
Coe College  
Colorado School of Mines (3)  
Columbia University (5)  
Cornell University (2)  
Drexel University  
Duke University (2)  
George Mason University (2)  
Grand Canyon University (6)  
Indiana University (3)  
Iowa State University (3)  
Jamestown College (2)  
Kings College  
Lehigh University (4)  
Lindonwood University (3)  
Menlo College (2)  
Michigan State University (3)  
Minnesota State University  
Naval Academy  
Nebraska University (2)  
New York University (7)  
North Carolina State University  
Northwestern University  
Old Dominion University (3)  
Ohio State University (2)  
Ohio Wesleyan University  
Oregon State University (2)  
Ouachita Baptist University (2)  
Pacific University  
Reno University  
Rensselaer Polytechnic Institute  
Rochester Institute of Technology  
San Francisco State University (9)  
San Jose State University (4)  
Sierra College  
Simpson College  
Southern Oregon University  
Stanford University (2)  
Stevens Institute of Technology (5)  
South Dakota Wesleyan University  
Utah Valley University (4)  
University of Chicago  
University of Pennsylvania (2)  
University of Virginia  
University of Chicago (3)  
University of California Davis  
University of California Fullerton  
University of California Santa Barbara  
University of Michigan (2)  
University of Mount Union  
University of North Carolina Greensboro (6)  
University of Northern Colorado (2)  
University of Northern Iowa (2)  
University of Oklahoma  
University of Pennsylvania (2)  
Wabash College  
Waldorf College  
Washington & Lee University  
West Point Military Academy (5)  
William Penn University (3)



**HOW YOU CAN SUPPORT WRESTLING PREP:** Wrestling Prep provides Financial Support to Athletes for Academic Training, Wrestling Training, College Visits and Competitions. We would appreciate financial support through donations for these efforts. In addition, there are ancillary areas that have specific needs to support the new facility, academic training equipment and volunteer hours for work. As a 5013c donors are eligible for tax right off status. Please contact Carolyn Wester for information on how to make a donation or visit our website at <http://www.wrestlingprep.com/about/> and click on donate button at bottom of page.